

LIFE TIME  
KIDS

# FALL ADVENTURES

Get blown away! It's a whirlwind of fun  
for kids and a breeze for parents.



**TURN UP THE FUN ALL SEASON LONG**

School-Break Camps • Birthday Parties • Parents Night Out  
Yoga Rave • Warrior Climb Night • Boo Bash • Painting Party

# General Registration Information

## SCHOOL-BREAK DAY CAMPS, PARENTS NIGHT OUT & EVENTS

### Meals & Snacks

At our all-day camps, you have the option to purchase a lunch for a low daily price or pack your own. Snacks and juice/water will be provided.

At our evening and midday events, pizza party may be included for meal time! Events that happen between meals may only provide a healthy snack and drink. See details under each event in this guide.

### Attire

Kids should wear comfortable clothing and appropriate shoes for activities such as swimming and gym games.

### Swimming

Most camps have swimming, so pack a swimsuit (towels provided).

### Registration & Cancellation

Please be thorough and fill out every field. Campers cannot legally participate in until all forms are completed. If a registration line is not applicable, write N/A. Additional paperwork may be required for Camps, Events or Parents Nights Out in licensed states; see your Kids Manager or Activity Center for details. Drop the form at the Activity Center. Space is limited and camps fill up quickly. If a cancellation request is received 14 days or more before the first day of camp, payor will receive a full refund of all camp fees paid. If a cancellation request is received by Life Time less than 14 days prior to the first day of camp, payor may forfeit all fees for camp services.

## CLASSES

### Trials

Whether you choose to visit a class or intend to try a month with LT BUCK\$, we welcome you! Our instructors would love to assess and discuss your child's current skill level and assist with proper placement.

### Schedules

Paid classes are ongoing, and children may join at any time. Skill-based classes may have different class times for each level.

### Registration & Cancellation

Ongoing Class registration form should be filled out and submitted with approval to initiate ongoing membership charge for class fee. If a registration line is not applicable, write N/A. If you begin in the middle of a month, prorated payment will be taken for the current month, and the EFT will begin on the 1<sup>st</sup> of the next month. Drop the form at the Activity Center. Space is limited and camps fill up quickly. A 30-day formal notice of cancellation is required to discontinue class registration; this printed form can be picked up in the club or emailed to you by our Activity Center or your Kids Manager.

## **BIRTHDAY PARTIES**

### **Basic Party**

Hip, hip, hooray! Let us plan your child's birthday party. Just bring the kids and the cake, and we'll take care of the rest.

A 1-hour+ activity, basic birthday package includes an activity of your choice and:

- 1 hour in the party room
- Life Time paper products and tablecloths
- Pizza and juice for 12 kids
- Birthday child gets a LifeCafe® birthday smoothie card

### **Add-ons**

Add an extra activity hour, more friends, a bounce house, party favors and even more pizza for minimal fees.

### **Registration & Details**

Payment for a basic party and a la carte items is due at time of registration and is nonrefundable. See Party Agreement for full details and guidelines.

## EVENTS

### **Yoga Rave (Ages 4–12)**

Are your kids ready to “glow with the flow”? This fun event is a glow-in-the-dark yoga party for kids complete with energetic music, face painting, black lights, yoga games and a pizza party.

Date: Friday, September 21<sup>st</sup>

Price: \$25 per child

### **Painting Party (Ages 4–12)**

Break out the paintbrushes — we’re making masterpieces. Bring your budding artist for a night of guided painting, playing and a pizza party.

Date: Saturday, September 29<sup>th</sup>

Price: \$25 per child

Wednesday, November 28<sup>th</sup>

### **Boo Bash (Ages 4–12)**

Attention all ghosts and goblins: It’s time for Boo Bash! Drop off the kids for spooky games, witchy crafts, a costume contest, spider climb, the monster mash, pizza and more.

Date: Saturday, October 27<sup>th</sup>

Price: \$25 per child

### **Spooktacular (The entire family!)**

Bring your little princesses, superheroes and ghouls to this classic family carnival-style event. Parent or guardian participation is required.

Date: Saturday, October 27<sup>th</sup>

Price: \$12 per child

## SCHOOL-BREAK CAMPS

### **Labor Day Camp (Ages 4–12)**

Our special Labor Day camp will keep your kids active with swimming, community connections, “thank you” cards for public servants, science experiments and more.

Date: Monday, September 3<sup>rd</sup>

Price: \$35 per child

### **Columbus Day Camp (Ages 4–12)**

Our special Columbus Day camp will keep your kids active with swimming, making their own explorer maps, Mayflower boat races, science experiments and more.

Date: Monday, October 8<sup>th</sup>

Price: \$45 per child

### **Other School-Break Day Camps (Ages 4–12)**

Whether you have a teacher in-service or bad-weather day, you can bring the kids to Life Time on scheduled days off from school. They’ll experience full, fun days of activity here. Space is limited.

Date: Monday, November 5<sup>th</sup>

Price: \$45 per child

Tuesday, November 6<sup>th</sup>

### **Thanksgiving-Break Camp (Ages 4–12)**

Thank goodness for camp! Whether you need care or just want to add some festive silliness to your child’s Thanksgiving-break schedule, we have a frenzy of fun and healthy camp activities available.

Date: Wednesday, November 21<sup>st</sup>

Price: \$45 per child

Friday, November 23<sup>rd</sup>

### **Shop Til You Drop Camp (Ages 4–12)**

Bring your kids to Life Time for entertainment while you shop, wrap gifts or recover from a dizzying day of holiday preparation.

Date: Saturday, November 24<sup>th</sup>

Price: \$20 per child

## **PARENTS NIGHT OUT**

Drop off the kids for some winter fun while you go out for a night on the town. Kids will enjoy pizza, arts and crafts, games and more.

### **September (Ages 4–12)**

Theme: Pep Rally

Date: Saturday, September 1<sup>st</sup>  
Saturday, September 15<sup>th</sup>

Price: \$20 per child

Additional Activities: Swimming

Additional Activities: Moon Bounce

### **October (Ages 4-12)**

Theme: Trick or Treat

Date: Saturday, October 6<sup>th</sup>  
Saturday, October 20<sup>th</sup>

Price: \$20 per child

Additional Activities: Swimming

Additional Activities: Moon Bounce

### **November (Ages 4-12)**

Theme: Hey Day Parade

Date: Saturday, November 3<sup>rd</sup>  
Saturday, November 17<sup>th</sup>

Price: \$20 per child

Additional Activities: Swimming

Additional Activities: Moon Bounce

## **CLASSES**

### **Martial Arts (Ages 4–12)**

Kids learn about respect, honor and discipline, and gain physical strength in this classic self-defense program.

Instructor Name: Sensei Ray

Date: Every Monday

Time: 5:45-6:30pm (4-6 years old)  
6:45-7:30pm (7-12 years old)

Cost: \$45 per month

## **CONTACT THE ACTIVITY CENTER FOR MORE INFORMATION:**

Life Time Fairfax

Address: 9602 Main Street, Fairfax, VA 22031

Phone: 703-323-8700

### **Contact your Kids Manager for more information:**

Kids Manager: Bridget Murphy

Phone: 703-272-2207

Email: [BMurphy2@lt.life](mailto:BMurphy2@lt.life)

Kids Assistant Manager: Katie Kitts

Child Center Phone: 703-272-2244

Email: [KKitts@lt.life](mailto:KKitts@lt.life)